

# THE HEALTHY BACK Leg Spacer

Aligns your spine while sleeping on your side.



The Healthy Back Leg Spacer reduces the strain and stress on the back while sleeping on your side by aligning the spine. This reduces the “torque” applied to the lower back. As a result, this simple sleep aid significantly reduces pain and discomfort in the lower back. **Our leg spacer will help you feel better than ever before!**

## BENEFITS & FEATURES

- If you sleep on your side, this is the perfect sleep aid for you.
- Aligns your spine while you sleep & reduces twisting and torque on the lower back.
- Can significantly reduce pain and discomfort in the lower back.



**HealthyBack**  
Feel Better Than Ever Before

The Healthy Back Store  
10300 Southard Drive • Beltsville, MD 20705  
Healthy Back® Leg Spacers are exclusively  
distributed by the Healthy Back Store.

**800-4-MY-BACK®**  
[www.HealthyBack.com](http://www.HealthyBack.com)